

Sydney Kroll Register, Psy.D.

LICENSURE

Texas Psychology License #34032
National Register of Health Service Providers in Psychology,
Registrant #52297

EDUCATION

- Aug 2007 *Psy.D. in Clinical Psychology*
Baylor University, Waco, TX
- Aug 2005 *M.S. in Clinical Psychology*
Baylor University, Waco, TX
- May 2003 *B.A. with Honors in Psychology, Minor in Women's Studies*
The University of Texas, Austin, TX

CLINICAL EXPERIENCE

- Feb 2009- present *Pineywoods Psychological Services*
Clinical Psychologist/Owner
Conduct evidence based individual and group psychotherapy, disability determination, pre-surgical evaluations, psychodiagnostic, cognitive and basic neuropsychological assessment, forensic evaluations, law enforcement/first responder evaluations/consultation, pre-employment screenings, and community outreach and education.
- July 2012- Jan 2013 *Charles Wilson Outpatient VA Clinic*
Clinical Psychologist
Provided clinical services (individual/group psychotherapy, psychological assessment) to Veterans in an outpatient, rural mental health clinic.
- June 2011- June 2012 *Central Texas Veterans Health Care System*
Site Psychology Lead, Temple
Member of Mental Health Behavioral Medicine Leadership. Led service-wide quality management/ improvement projects, policy revision, organizational development, and adherence to national Joint Commission, CARF, and other national review standards as assigned by the Chief, MHBM. Served on hospital-wide

psychological autopsy review panels and hiring committee. Regularly served as Acting Psychology Chief and Behavioral Medicine Chief.

Jan 2011- June 2012 ***Central Texas Veterans Health Care System***
Deputy Director, Domiciliary Residential Rehabilitation Treatment Program (DRRTP)

Leadership role in the country's second largest VA domiciliary-based residential treatment program (400+ beds and 50+ staff), including a general psychiatric rehabilitation program, an intensive substance abuse program, and a military sexual trauma treatment program. Ensured adherence to national policies and program recommendations, complete quality improvement and program development projects, and lead staff trainings. Led systems redesign and quality improvement projects, resulting in improved efficiency and effectiveness measures. Awarded the Director's Road to Excellence award. Regularly served as Acting Chief, DRRTP.

Jan 2010-June 2012 ***Texas A&M/Scott & White Medical School***
Adjunct Clinical Professor/Clinical Supervisor

Clinical supervision, mentorship, and teaching for psychiatry residents and fellows, primarily in the areas of empirically supported treatments (Cognitive Behavioral Therapy and Acceptance and Commitment Therapy) and group psychotherapy.

Jan 2008- June 2012 ***Central Texas Veterans Health Care System***
Clinical Psychologist, RRTP Team Leader

Provided individual psychotherapy, group psychotherapy, psychological assessment, case management, training, interdisciplinary treatment planning, and program development for homeless and disabled veterans in the Rehabilitation and Reintegration Treatment Program (RRTP). Completed Compensation and Pension examinations. Coordinated with primary care and behavioral medicine. Served on APA Accredited doctoral psychology internship committee, led psychology intern diversity seminar, and provided supervision/mentorship to psychology and social work interns, as well as psychiatry residents. Completed pre-surgical/transplant and law enforcement evaluations. Served on Employee Assistance Program. Completed peer reviews and Root Cause Analysis. Served on a committee to prepare for and successfully complete American Psychological Association accreditation site review. Active in hospital ethics, program development and Systems Redesign committees. Recipient of National Customer Service Week Award.

Aug 2007 – Jan 2008 ***The University of Texas Counseling & Mental Health Center***
Clinical Psychologist
Provided brief individual psychotherapy, group psychotherapy, and crisis intervention to a large, diverse university population. Provided doctoral psychology student supervision. Conducted campus outreach, education, and critical incident/grief interventions. Member of the organizational Diversity Task Force and APA Accredited Doctoral Psychology Internship selection committee.

Aug 2006 - Aug 2007 ***The University of Texas Counseling & Mental Health Center***
Psychology Intern
Provided individual and group psychotherapy to a large, diverse university population. Served on crisis counseling team. Co-led a general psychotherapy process group. Supervised doctoral-level practicum students. Assisted in campus outreach and education, including presentations to students groups, representation at campus events, and critical incident/grief intervention. Specialized apprenticeships in the treatment of trauma and in mind/body interventions. Active in *Voices Against Violence*, a federally-funded program designed to address issues of relationship violence, stalking, and sexual assault through counseling, advocacy, referral, education, and training. Co-led two groups for survivors of relationship violence, provided crisis counseling support for campus events, assisted in planning of awareness events, developed workshops for survivors of relationship violence, assisted with website development, and attended monthly community family violence planning meetings.

Jul 2005 - Aug 2006 ***Central Texas Veterans Health Care Administration***
Psychology Technician
Provided long- and short-term individual inpatient and outpatient psychotherapy to a diverse veteran population. Led outpatient group for chronically mentally ill veterans and inpatient psychotherapy group on the acute psychiatry unit. Conducted neuropsychological assessments for dementia and TBI, as well general personality and cognitive assessments for differential diagnosis and treatment planning. Assisted in Compensation and Pension examinations. Engaged in interdisciplinary consultation and served on multidisciplinary treatment teams. Rotations included: Outpatient Mental Health, Acute Psychiatry/ Inpatient, Geropsychology, Blind Rehabilitation, and Primary Care units.

Sept 2004 - Jul 2006 ***Baylor Evaluation and Assessment Resource Lab***

Graduate Student Assessor/ Counselor

Provided neuropsychological, cognitive, and personality (objective & projective) assessments for underserved adult and child community referrals. Provided disability assessments and substance abuse treatment intake assessments for community shelter. Provided short- and long-term child cognitive behavioral and play therapy for anxiety. Completed achievement, cognitive, and aggression assessments, along with behavioral and treatment recommendations, for at-risk adolescents from Waco Independent School District.

Jul 2004 - Jul 2005 ***Baylor University Counseling Center***

Graduate Assistant Counselor

Provided short- and long-term individual psychotherapy to a university population. Conducted intakes and risk screenings. Presented campus outreach programs, including a multicultural awareness event and several alcohol safety workshops. Provided after-hours crisis intervention. Facilitated and provided crisis counseling for Tunnel of Oppression campus-wide diversity awareness event. Served on APA accreditation site visit committee.

Jul 2003 - Jul 2004 ***McLennan County State Juvenile Corrections Facility***

Counselor

Provided individual and group psychotherapy to a diverse adolescent forensic population. Conducted cognitive, academic, and personality (objective & projective) assessments, as well as risk screening and differential diagnosis. Led structured relapse prevention group. Completed comprehensive forensic evaluations and behavioral treatment plans. Engaged in interdisciplinary consultation and collaboration with community resources.

June 2001 - Jul 2003 ***Austin/Travis County MHMR Crisis Hotline***

Paraprofessional Crisis Counselor

Provided telephone crisis counseling, psychiatric emergency assistance, and community referral to MHMR clients and the general community. Employed knowledge of community referrals and resources. Engaged in outreach to increase awareness of community resources, suicide and mental health stigma.

TRAININGS AND PRESENTATIONS

Ongoing:

Internship Didactics/Supervisor, Stephen F. Austin State University, Department of School Psychology

Continuing Education Presenter, Cross Country Education, Acceptance and Commitment Therapy

Mindfulness Based Stress Reduction, facilitator, Morning Glory Yoga

One-Time:

Kroll, S. (September 2019). Marketing to Veterans, Fredonia Rotary.

Kroll, S. (April 2019). Assessment review, SFASU School of Social Work.

Kroll, S. (March 2019). Applied Neuropsychology Update, Mission Possible, Nacogdoches, Texas.

Kroll, S. (April 2019). Assessment review, SFASU School of Social Work.

Kroll, S. (June 2018), Acceptance and Commitment Therapy, CE workshop

Kroll, S. (March 2018). Yoga with Veterans, Mission Possible, Nacogdoches, Texas.

Kroll, S. (February 2017). PTSD in Veteran populations, Shady Grove Baptist Church.

Kroll, S. (November 2016), Acceptance and Commitment Therapy, CE workshop for Brentwood Hospital.

Hotzman, M., Kroll, S., Fontanot, J. (March 2016). *PTSD in Veteran Populations*. Workshop presented at Mission Possible, Nacogdoches, Texas.

Kroll, S. (March 2015). *Self-Care as an Ethical Responsibility*. Workshop presented at Mission Possible, Nacogdoches, Texas.

Kroll, S. (April 2014). *Suicide Risk Assessment for Veterans*. Texas Military Veterans Peer Network annual training.

Kroll, S. (November 2013). *Self-care for psychology graduate students*. Workshop presented at the 2013 Texas Psychological Association Annual Convention.

Kroll, S. (October 2012). *Words of Wisdom: Early Career Options*. Symposium at the 2012 Texas Psychological Association Annual Convention.

Kroll, S. (October 2012). *Interviewing Tips for Graduate Students and Interns*. Presentation at the 2012 Texas Psychological Association Annual Convention.

Kroll, S. (March 2012). *Transgender Veterans*. Central Texas Veterans Health Care System Diversity Sensitivity Training.

Kroll, S. (Aug 2011). *The Treatment of Transgender Veterans*. Central Texas Veterans Health Care System presentation.

Bivona, J., Kroll, S., O'Brien, R. (April 2011). *Acceptance and Commitment Therapy*. Two day CEU workshop presented to the Central Texas Veterans Health Care System, Mental Health Behavioral Medicine service.

Kroll, S. (November 2010). *C@\$H: The Four-Letter Word for Psychologists*. Presentation at the 2010 Texas Psychological Association Annual Convention.

Kroll, S. (January 2010). *Statistics and Experimental Design*. Social Work Service training, Temple, TX.

Kroll, S. (September 2009). *Suicide and Risk Assessment*. Scott & White Medical School.

Kroll, S. (May 2008, April 2009, September 2010). *Professional Issues*. Workshop presented to the Central Texas Veterans Health Care System doctoral psychology internship program.

Kroll, S. (April 2008). *Acceptance and Commitment Therapy*. CEU workshop presented to the Central Texas Veterans Health Care System, Social Work service.

Kroll, S. (Fall 2007). *Graduate School, Careers, and Life Balance*. Presentation to Women in Psychology student group, University of Texas at Austin.

Kroll, S. & Hetzel, R.D. (February 2007). *Relational Supervision*. CEU workshop presented at St. Mary's University, San Antonio, TX.

Kroll, S. (July 2004). *Gender Myths and Stereotyping*. Workshop presented at the Unitarian Universalist Fellowship of Waco.

PUBLICATIONS, RESEARCH

Kroll, S. (October 2014). *TPA Annual Convention Summary*. Texas Psychologist.

Kroll, S. (January 2012). *Self-Care for the Early Career Psychologist*. Quarterly newsletter of the Texas Psychological Association Early Career Special Interest Group.

Kroll, S. & Hetzel, R. D. (Spring 2006). *Relational approaches to supervision*. Texas Psychologist.

Kroll, S. & Hetzel, R.D. (November 2005). *Relational supervision: The supervisee's experience*. In R. D. Hetzel (Chair), *Relational approaches to supervision: A shared supervision story*. Symposium presented at 200 Texas Psychological Association Annual Convention.

Research Assistant (Oct 2003- May 2004), Baylor University, Waco, TX. *Correlating the Interpersonal Circumplex Model with the Personality Assessment Inventory*. Advisor: David Kopplin, Ph.D.

Undergraduate Honors Thesis (Aug 2002- May 2003). The University of Texas at Austin, Austin, TX. *Depression in women: An adaptive perspective*. Advisor: Devendra Singh, Ph.D.

Research Assistant (Fall 2001). The University of Texas at Austin, Austin, TX. Personality and Interpersonal Process Lab. Advisor: Jason Rentfrow, M.S.

TEACHING/ACADEMIC EXPERIENCE

| | |
|---------------------|---|
| Jan 2010-June 2012 | <i>Adjunct Clinical Professor</i> Texas A&M Medical School/Scott & White |
| Jan 2008-June 2012 | <i>Clinical Supervisor</i> Texas A&M Medical School/Scott & White |
| Jan 2008-June 2012 | <i>Internship Diversity Seminar Facilitator</i> Central Texas Veterans Health Care System |
| Jan 2008-June 2012 | <i>Clinical Supervisor/Preceptor</i> Central Texas Veterans Health Care System APA-accredited Doctoral Psychology Internship |
| Jan 2008-June 2012 | <i>Facilitator</i> Central Texas Veterans Health Care System Doctoral Psychology Intern Multicultural Seminar |
| Jan 2004- June 2006 | <i>Developer and Facilitator</i> Baylor University, Waco, TX Psy.D. Multicultural Awareness Group |
| Fall 2005 | <i>Teaching Assistant</i> Baylor University, Waco, TX Graduate-level Interpersonal Psychotherapy I course |

CERTIFICATIONS

VHA Be a Hero, Save a Hero Suicide Prevention, Master Trainer

Prevention and Management of Disturbed Behavior, Trainer

VHA Mentor Program, Fellow

FEMA Incident Command Systems

CDC Crisis and Emergency Risk Communications

Disaster Mental Health Response

Red Cross Disaster Response

Acceptance and Commitment Therapy (ACT), VA Evidence Based Treatments roll-out

Cognitive Processing Therapy (CPT) for PTSD, VA Evidence Based Treatments roll-out

PROFESSIONAL INVOLVEMENT

Texas Psychological Association Board of Trustees, 2014-2017

Texas Psychological Association, Membership Committee Chair, 2014-2017

Texas Psychological Foundation Board Member, 2010-2017

Texas Psychological Foundation- President, 2012-2014

Texas Psychological Association Ex-Officio Board Member, 2012-2014

National Institutes of Mental Health, Grant reviewer

Health Resources and Services Administration, Grant reviewer

Gubernatorial appointment to the Crime Victim's Institute Advisory Council- 2009-2011

Texas Health and Human Services' Family Violence Program, Grant reviewer- 2008

HONORS

Vietnam Veterans of American, Pineywoods Chapter, Recognition Award

Texas Psychological Foundation President's Award, 2013

Nominated as Early Career Psychologist representative to the American Psychological Association Leadership Conference by the Texas Psychological Association, 2010

Recipient of the National Register Early Career Psychologist Award- 2007

Nominated for the 2005 APA Div.12 Outstanding Graduate Student Community Service Award

University of Texas at Austin Psychology Honors Program, Special Honors in Psychology, Dean's List (1999-2003)

Volunteer Coordinator for The University of Texas at Austin Women's Resource Center-
2002-2003

COMMUNITY SERVICE

Nacogdoches Junior Forum, Board Member, active

Junior Forum Inc, NFJ Representative, active

Christ Episcopal School, School Board Member, active

Community Rx Help, Board Member, active

Lone Survivor Foundation, retreat facilitator, 2014-present

Nacogdoches Area United Way, board member 2018-2020

Leadership Nacogdoches (2013)

VA Disaster Emergency Medical Personnel System (DEMPS), 2008-2014

Red Cross Mental Health Disaster Responder, 2008-2012

Capital Area Psychological Association, Community Mental Health Taskforce, 2007

Community Race Relations Coalition, Waco, TX 2004-2006

Habitat for Humanity, Waco, TX, 2005-2006

Mission Waco shelter, Waco, TX, 2003-2006

PROFESSIONAL AFFILIATIONS

American Psychological Association (Division 12, 35, 42)

Texas Psychological Association (Diversity, Women, & Early-Career Special Interest
Groups)

Texas Psychological Foundation

Association of Family and Conciliation Courts

Collaborative Law Institute of Texas

Texas Council on Family Violence

Association for Contextual Behavioral Science

National Center for Crisis Management